

Education: 2025 (In Progress): Loyola Marymount University, School of Education, MA in Transformative Education. 2014: BA Cum Laude with Presidential Honors, Chapman University, Dodge College of Film, BFA in Television & Broadcast Journalism, Minor in Peace Studies, Sigma Alpha Pi National Society of Leadership and Success.

Credentials and Certifications: Preliminary Single Subject Teaching Credential in English (upon CSET completion); MACTE Montessori Adolescent Teaching Certification; Yoga Alliance approved Yoga, Meditation and Mindfulness Teacher; IWA Certified Integrative Wellness and Life Coach; UCLA Beat the Odds Certified Drum Therapist.

Lead Middle School Teacher (Humanities), *Guidepost Montessori Academy of Thought and Industry*, August 1st, 2022 – Present, San Francisco, CA.

- Design and develop 3-year curriculum for grades 6-8 Humanities.
- Teach English and History using a mix of Montessori and Traditional pedagogies.
- Provide enriched educational opportunities in an inclusive classroom to a diverse population of students with varying needs.
- Coach students individually for a full middle school term in life skills and social-emotional learning.

Homeschool Group Curriculum Design & Teacher, *Wandering Bearfoot*, April 2022 – August 2022, Irvine, CA.

- Create and teach full course curriculum for 16 home school students in nature park settings. Curriculum includes science, mindfulness, social-emotional learning, art, nature immersion and nature-based education, yoga, and whole-body wellness.

Integrative Yoga, Wellness and Life Coach, *Coaching with Jessica Lane*, June 2021 – August 2022, San Clemente, CA.

- Conducts private and group yoga classes, personal coaching, and corporate and small business wellness coaching worldwide.
- Teaches youth private, group, and school-setting yoga and wellness classes at well-renowned locations such as *Montessori Preschools* and *Fit First*.

Yoga Business Development Consultant, Filmmaker, Marketing, and App Design, *Fightmaster Yoga and MyYogaPal*, January 2021 – June 2021, SC, CA.

- Hired to revamp and re-launch the company in order to overcome the transition of losing the lead yoga teacher/personality.

Boys and Girls Club Youth Development Specialist, *Boys and Girls Club of Capistrano Valley*, September 2020 – January 2021, Aliso Viejo, CA.

- Curriculum design, teacher, and subject tutor.

Restructuring Manager and Marketing Manager, *Skyloft Bar & Restaurant*, 2017 – 2020, Laguna Beach, CA.

- Hired to restructure operational efficiencies, build a host department, and revamp marketing and sales.
- Market and conduct large parties and events and manage social media, marketing and SEO.
- Hire and manage front of house and heart of house employees, including HR and employee benefits.

Wellness Small Business Owner, *Our New Healthy*, 2014 – 2022. A health and wellness lifestyle brand creating patient empowerment tools for those overcoming cancer and chronic illness at www.etsy.com/shop/ournewhealthy.

- Create, market and work with suppliers internationally to distribute The Spoonie Planner, a 5-star rated planner and medical diary for target group that consistently netted profit. Utilize profit % to donate planners to those in need.